## Newsletter from Nov 2023 to Dec 2024

#### **CRECHE UPDATES**



Jan Seva is a popular Creche in the Kasba locality. The mother's know that in this place their child will be taken care of properly. They can leave their child with peace of mind knowing they will be safe here.



#### Socio Economic Status of The Child's Family



Admission into the Creche is very strictly followed with rules and regulation so that only the very needy and poor section of our society gets a chance to enrol their child. This is made possible and carried out by a team of social workers who visit each home to make sure the status mentioned in the Admission Forms are correct. If there is a slightest doubt the form is rejected immediately. Once a child is admitted, he or she gets all amenities like

proper teaching methods, healthy nutrition, medical care, mental and physical grooming, crèche uniforms, all of this is free of cost. The children too are happy in this friendly environment. Here they remain in this crèche for a period of three years after which they join the mainstream schools. In December 2024, 35 students were admitted into various Bengali medium and English medium schools. In the crèche, children are kept meaningfully engaged for their all-round development which is taken good care of. They are given ample opportunity to grow and explore the surroundings.



Diet plays a very important role in the daily life of the children. They get to eat cereals, milk, proteins like chicken, eggs, soya beans, and curd on a regular basis. Seasonal fruits with a large choice to select from is available to them.

#### Regular Awareness Meetings with the Parent's 2024



We conduct with special educator's from time to time parent's teacher's Meetings to talk to parent's / guardians on various societal issues like discarding usage of



plastics, bad effects of smoking and drinking habits of the parent's, side effects of usage of mobile phones by the children, use of filthy language in the household and lastly the rules and regulations of Jan Seva.

#### JUNE AND NOVEMBER ASSESSMENT



Children are taught to make various things through the Art and craft activity sessions. Written Assessments are held twice a year on the basis of the syllabus provided to the

children at the beginning of the academic session. The Assessments are held in June and November every year. A total of 150 children appear for these two assessments. Special tutorial

classes are held in the afternoon on the weekdays for the children who show poor performance in these assessments.



## **CRECHE CLINIC**



The crèche clinic is held every week on Monday by Dr Mary Acharya. 632 children have been treated in the year 2024. These children mainly suffer from fever, cold/cough, skin problems, urine infection, indigestion, vomiting and various congenital problems. In this crèche clinic there were many children who were diagnosed with asthma, phimosis, Ventricular Septal Defect (VSD),

Artial Septal Defect (ASD), Autism, Speech problem, Learning disability, femur difficulty in walking, thyroid, allergy etc. The treatments were started after Dr Mary Acharya identified the problem for which the child was suffering.



This Crèche clinic not only gives the treatment but also helps the children in conducting various surgical cases. We also give medicines absolutely free and send referrals to other reputed hospitals simultaneously. The parents are very dependent on this clinic and form queues from the morning to get themselves treated which is free of cost. The Doctor attended a total of 40 days in the year for this crèche clinic.

Pulse Polio is organised under the West Bengal Government Polio eradication program in Jan Seva on the Pulse Polio weeks as fixed by the Government. The programme is held once in every two months in Jan Seva with the crèche children.

## **COMPUTER LITERACY PROGRAM**



This program is designed to cater to the school students studying from Class 8 who are either pursuing their studies or have left their education due to poverty in the house. The course is conducted with NIIT Foundation New Delhi. Three courses which are conducted in Jan Seva are the Basic Course, The Advance Course and the Tally Course. The beginners start with the Basic Course - MS word, Excel, Power point, Internet and the Hardware systems. These courses help the young generations in either getting into Back-office jobs

or for data entry profiles. The certificate of the Basic and advance course from NIIT adds value to their knowledge and gives them a place in the society with a sustainable income. NIIT supports our students with various career counselling sessions before sending them for interviews. These grooming sessions help our candidates to get jobs in the market.

## **ADULT LITERACY PROGRAM**

This course was started in November 2023. Initially we started the course with 16 students We faced a little difficulty with the staff who was conducting this course. However, we prolonged it up to August 2024. Once the problem was solved we started a fresh from September 2024. The program is now moving smoothly with a batch of 15 students. They are not only gaining education on adult literacy but also learn various hand crafts, go for exposure visits to museums and temples which have never been in their bucket list. The six



months course even includes cookery classes and hand crafts like pot painting, glass painting, making of greeting's card and wall hangings.

Young girls to middle aged ladies are mainly taking admission in this course. They enjoy the outings and even do the classes seriously as they feel that this literacy is absolutely essential in their daily lives.

# **VOCATIONAL TRAINING PROGRAMS**



Home makers and school dropouts get a large benefit from this program. Many new students who joined this course have an aspiration to become a tailor or to join a boutique. Ladies are learning to make crèche uniforms, baby frocks, aprons, night dresses, cloth bags, Indian dresses, saree petticoat, saree fall and Pico. Few good ones have taken up embroidery, knitting and stitching. Ladies from the local community and the parents of both (Normal and special needs children) are included in this program. It

is an income generating program as well as the ladies use their time in a fruitful learning method which helps them to take small orders like alteration/Pico/dress making from their home.

## **NUTRITION GARDEN**



Throughout the year, the seasonal vegetables are grown in Jan Seva to give a complete nutritional diet to the children.



## PRIZE DAY 2023



Jan Seva celebrated its Prize Distribution Day and Farewell ceremony for the outgoing children of this academic year 2023 were celebrated on 8th Dec 2023.

Children who have performed very well in their assessment were also given prizes to give a recognition of their achievement. There were eminent guests who were present to grace the

occasion. There were 22 students who were Excellent in their overall performance. They received their prizes from the principal of our neighbouring "Garden High School".



Prizes were also given for good attendance. Deserving students from the computer literacy program were also given prizes and Momentous by a well-wisher from Canada who graced this occasion on that day.

In all 49 outgoing children who joined mainstream schools in December 2023 were also given momentous. It was a very proud moment for the teacher's and helper's along with the coordinator

who have prepared these children for last three years. This batch was very important because they got admission during the pandemic years. So, these children have attended both the online and offline classes. But parent's cooperated with us which helped us a lot to teach the children in a lockdown scenario.

## **CHRISTMAS CARNIVAL 2023**



The Jan Seva children were invited to a Christmas Carnival to enjoy a fun filled, entertaining afternoon at Regional Grand Lodge of Eastern India. This was held by the Freemasonry board members of Kolkata. The children were extremely happy to avail the rides on the bouncy castle and bouncy slide. The food boxes were delicious and fulfilling.



It was an opportunity for these under privileged children to visit Park Street in this festive season of the year. A big Thank You to all Lodge members who took the initiative and co-ordinated at every juncture and made the whole event a big success along with all the RELEI members.

## **SPORTS DAY 2024**



The Jan Seva Sports Day took place on January 19, 2024, involving children from ECCEC and Udaan, along with participation from teachers, caregivers, and office bearers. ECCEC children were engaged in activities such as the vegetable race, chocolate race, and balloon race, while also joining Udaan children for integration of events like Bead stringing and Relay race. Winners received beneficial play items as prizes for all round achievements.

## **Helping out Slum Dwellers of Anandapur Fire Incident 2024**



A fire erupted in a slum situated near the Calcutta International School around the Anandpur khal area on February 25th in the afternoon, coinciding with a Sunday when most families were at home. The fire quickly spread due to the presence of gas cylinders, kerosene, and other flammable materials. Among the affected families, three children were enrolled in

the Jan Seva ECCEC creche. Unfortunately, two families suffered significant losses, with one relocating to their hometown. Vice Chairperson extended assistance by providing essential food items (dry, dairy, protein) and bedding within two days of the incident. These items were contributed by the SICW Board Members to aid the affected families.

#### **Paying Tribute to our Founder**



SICW and JAN SEVA marked their 5th Founder's Day on February 26, 2024, at both office locations, joined by program staff and board members.

A brief prayer gathering took place in the ground floor hall of JAN SEVA, attended by all staff members. The ceremony commenced with the lighting of candles by our Chairperson and Vice Chairperson, beside a portrait of our cherished Founder, Dr. Zarin Dadina. Since 2020, this day

has been solemnized as our Founder's Day. Board members and staff shared anecdotes of their experiences and the transformative impact Dr. Dadina had on their lives during their tenure at SICW and JAN SEVA. The atmosphere was filled with blessings, and the children present served as a source of inspiration for our collective journey ahead.





#### **SARASWATI PUJA 2024**

Jan Seva joyously celebrated Saraswati Puja, honouring the Goddess of knowledge, music, art, wisdom, and learning on February 14, 2024. Both staff and children were filled with excitement, eager to partake in the festivities. Children and teachers from both Udaan and ECCEC adorned the idol with their creative paintings and crafts, involving the entire organization in the puja. Dressed in traditional attire, with little girls in sarees and boys in Kurta Punjabi, the children enthusiastically participated alongside their teachers in the puja rituals.

# <u>Improving Community Health: The Impact of Medical Camps at</u> <u>Jan Seva by RN Tagore Hospital & Susrut Eye Foundation 2024</u>



Our Chairperson, Ms. Jyoti Bhatia, spearheaded a medical camp held at Jan Seva on March 11th and 12th, 2024, from 10:30 am to 3:30 pm. Targeting creche parents and staff from both the head office and Jan Seva, the camp featured medical professionals from RN Tagore Hospital, Mukundapur (Narayana Health) and Susrut Eye Foundation of Salt Lake.



Services included general check-ups for blood pressure, blood sugar, weight, and pulmonary function testing by Narayana Health, complemented by eye examinations conducted by Susrut opticians. Patients received prescriptions and, if necessary, were referred for ECG tests. Spectacles were provided to those in need.

The camp attended to a total of 244 patients, including 177 creche parents and 67 staff members. Tests conducted included blood sugar (232 persons), pulmonary function testing (219 persons), ECG (40 persons), doctor consultations (232 persons), and eye check-ups (197 persons), with 47 patients receiving spectacles.

## Workshop on Financial Literacy and Awareness of Fraudulent Cases 2024

On March 15, 2024, at 2:30 PM, Jan Seva, in partnership with ICICI



Foundation, hosted a workshop titled "Financial Literacy and Awareness of Fraudulent Cases." Participants included Jan Seva staff (teachers, helpers, office bearers, coordinators), parents of children in creches C5 and C6, and adult students from various programs. The workshop covered topics such as MADHAAR, the importance of using Google Pay over Phone Pay or Paytm, types of cybercrime and their helpline numbers, verifying website authenticity, secure sharing of

OTPs, biometric locking, pros and cons of net

banking, and government schemes for safe savings like Sukanya Samriddhi Yojana, Public Provident Fund, Suraksha Bima Yojana, and Atal Pension Yojana. Installation and usage of MADHAAR were also taught.

A total of 111 participants attended, all eager to learn about fraudulent cases and how to safeguard against them.

# Celebrating Cultural Harmony: Jan Seva's Rabindra Jayanti 2024



On June 14th, 2024, Jan Seva lit up with joyous celebrations as it marked Rabindra Jayanti, a tribute to the great poet Rabindranath Tagore. The event, eagerly anticipated after the children returned from their summer break, showcased a mesmerizing array of performances that left an indelible mark on all attendees. The highlight of the evening was the two-hour program filled with dance choreography, melodious renditions

of Rabindra Sangeet, and soulful recitations of Tagore's timeless poems. What started as a journey of learning and practice for the children blossomed into a beautiful showcase of their dedication and passion for the arts.

## Savoring Summer Delights: Mango Time at Jan Seva 2024



Summer brings not only the warmth of the sun but also the joy of seasonal treats, especially for the children at Jan Seva. One such delight that lights up their faces is mango time! As the mango season unfolds, it becomes a special part of their daily routine, adding a burst of sweetness and happiness to their mornings. Even the



youngest members, like the two-year-old toddlers, quickly catch on to the excitement. They learn about mangoes and bananas in a flash, often playfully demanding their favourite fruits from their teachers. It's not just about the taste but also about the joy of discovery and sharing these simple pleasures with friends and mentors.

#### Celebrating Joy and Discovery: Jan Seva's Pav Bhaji Treat 2024



Recently, Jan Seva embarked on a delightful culinary adventure by introducing Pav Bhaji—a beloved street food—to the children under its care. What started as a thoughtful gesture turned into a heartwarming experience that showcased the children's enthusiasm, resilience, and love for new Flavors.

# <u>Celebrating Kindness: Jan Seva Children Shine at Silver Point</u> School's 27th Foundation Day 2024





Children from Jan Seva participated in the 27th Foundation Day celebration of Silver Point School on July 26, 2024, held in the SPS Basement Hall. They showcased a dance performance themed "The Magic of Helping Hands." Each child received goody bags and lunch boxes from the school authorities.

From the moment they boarded the jeep for their journey, the children were filled with excitement. Upon arrival, they were greeted with flower petals, balloons, and warm welcomes from the senior students of Silver Point School. The audience appreciated their performance, applauding their efforts during the event.

The principal in charge along with Principal and Vice Principal welcomed the Jan Seva Coordinator to the stage, highlighting the significant contributions of SICW Jan Seva to the community.

## **Celebrating Bonds: Rakhi Distribution at Jan Seva 2024**



On August 16, 2024, Indus Valley World School visited Jan Seva to spread joy by distributing Rakhis and goody bags to the five-year-old students. As the CCA Incharge and an assistant teacher at IVWS, aimed to foster affection and strengthen the ties between the two institutions.

The children were thrilled to receive their gifts, and in a heartwarming exchange, they presented 30 Rakhis to

share with the students at Indus Valley World School. The moment was made even more special as they tied the Rakhis around the wrists of the Jan Seva children, they felt truly privileged and delighted by this beautiful gesture.

# **Celebrating Teacher's Day at Jan Seva 2024**



On September 5, 2024, Jan Seva honoured Teacher's Day with heartfelt celebrations alongside our dedicated teaching and non-teaching staff. This special day, first observed in 1962 to mark Dr. Sarvepalli Radhakrishnan's 77th birthday, began when students wished to celebrate their beloved teacher.

The occasion was filled with joy as teachers and caregivers received gifts from the organization, enjoyed lively music, and participated in a variety of engaging activities. A delicious lunch, generously provided by Jan Seva, capped off the festivities. Dr. Sumana Sur, who joined us for the day, presented the gifts and praised the wonderful meal shared by all. Teacher's Day serves as a cherished gathering for our entire staff, including drivers and security personnel, fostering a sense of community and appreciation.

## <u>Children's Day Celebration at Jan Seva: Spreading Joy and</u> Smiles 2024



Jan Seva was filled with laughter, excitement, and endless smiles as we celebrated Children's Day. This special day is dedicated to



recognizing the innocence, curiosity, and potential of our young minds.

**A Sweet Surprise**The celebration was done with a delightful surprise for our little ones - a delicious cake, accompanied by ice cream and chocolate. Happy Children's Day!

#### FIRE DRILL 2024





Fire Drill is organised every year with the staff and the children of Jan Seva. This year the Fire Drill was held on 20th November 2024 (Wednesday). Staff: 40 and Children: 175 attended this Drill. The personnels of Responders (Fire consultant) who take care of our Fire instruments, tanks and pump maintenance in the building were present to conduct the Drill. Two Fire Personnel were present along with all the staff and children to guide us for this drill. One of them was Associated with Kolkata Police Traffic Department. This program is held every six months to recapitulate the administrative duty of each staff member in case of fire in the building. This time the building was emptied out by 2mins 57 seconds time limit. Due to this practice drill session the time taken to empty the grounds has been reduced from the previous drills. Both male and female staff are trained to operate the Fire extinguishers and to stop the electric supply from

the main supply. This sort of fire Drill builds the confidence and trust amongst the staff who are always working with the children.

#### **DIWALI 2024**



This year's Diwali celebration was held in a grand way along with the staff, children and adult students. A Rangoli competition was organised at Jan Seva on 30th October 2024 from the morning. There were three teams who participated in this contest. Rangoli was made with flower petals, powder colours and even green leaf was put to give it an innovative look.



Then the children celebrated the day, burning crackers guided by their teacher's and caregivers. Specially abled children participated along with the general children to celebrate the occasion. This was marked as an integration event between the normal and special needs children. They enjoyed the cracker show and clapped their hands with excitement. The crackers

were from the GO GREEN Diwali approved by the Govt of India. All our Board Members were present to grace the occasion. The day ended on a happy note and children had a delicious non vegetarian meal and sweets to make it more special.

## PRIZE DAY 2024



The Prize Distribution ceremony was held on 13<sup>th</sup> December 2024. This program is held to recognise the outgoing children of the academic year 2024. The children who have done very well in the crèche assessment and maintain a good attendance record every month are given prizes to recognise their efforts and perseverance. Satikanta Guha Foundation joined us in this program to give away winter garments to the crèche children. The Principal of Garden High School was present along with the foundation Secretary to give away the clothes. Children were immensely happy

and were encouraged for better performance in the future. All 35 pass out students have got admission in good mainstream schools of Kolkata.